

THE FIVE STEPS

The Know Before You Go program stresses five steps of preparation to ensure the safest possible experience when in uncontrolled areas.



Get The Gear



Get The Training



Get The Forecast



Get The Picture



Get Out Of Harm's Way

To Learn more about the five steps and staying safe this winter, please visit KBYG.org or contact your local avalanche center to find out ways to get involved.

THANKS TO OUR SPONSORS



The Spitzer Family Foundation



Know Before You Go is a free avalanche awareness program. Not much science, no warnings to stay out of the mountains, no formulas to memorize. In 1 hour, you will see the destructive power of avalanches, understand when and why they happen, and how you can have fun in the mountains and avoid avalanches

CONTACT US

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WHY KNOW BEFORE YOU GO?

Avalanches kill an average of 39 people each year in North America. Hundreds more are injured. Avalanches don't just happen to extreme athletes--they happen to those skiing, snowboarding, snowmobiling, hiking, driving, hunting, and bike riding. Anyone on or underneath steep snow-covered slopes, is at risk of being caught in an avalanche. Many avalanche victims didn't know they were in avalanche danger and were unprepared to deal with an avalanche. It doesn't have to be this way. Typically danger signs are obvious to those who know what to look for. Just as those in Hawaii learn about the dangers of rip tides and shore breaks at an early age, those living, working, and recreating in snowy mountains need to learn about avalanches. Knowledge saves lives.

THE PROGRAM

A KBYG program takes 40-80 minutes to present and is designed for a school class or assembly period. The program consists of:

- A 15 minute engaging video showing the destructive power of avalanches and what you need to know to stay safe in avalanche terrain.
- A slide presentation with more details about the five steps of preparation to ensure the safest possible experience while traveling in avalanche terrain.
- Discussion with question and answers.

The program is taught by a local avalanche professional who incorporates personal experiences to keep the audience engaged.

Know Before You Go is not only for school groups. It can be used for your employees, scout troops, customers, snow sports team and as a community presentation.

More information about the program can be seen at www.kbyg.org



200+
MPH

SPEEDS AVALANCHES CAN
REACH AS THEY GAIN MASS.

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39

AVERAGE NUMBER OF AVALANCHE FATALITIES IN
NORTH AMERICA OVER THE LAST 10 YEARS.



37%

OF FATAL AVALANCHES IN THE UNITED STATES OCCURRED
WHEN THE DANGER WAS FORECAST CONSIDERABLE

WHAT PEOPLE HAVE TO SAY ABOUT KBYG

"This assembly has made an everlasting impression in my mind. I will never forget the message that was put across. This assembly should be mandatory for all schools to see - 6th through 12th grades, along with their parents, too. It can and will save people's lives. The footage shown in the avalanche video is phenomenal! **The educational value placed upon this assembly is priceless.**"

-Raquel Fuller, Health/P.E./Dance Educator

"In twenty years as an educator, the avalanche assembly was the best assembly I've ever seen! It was incredible! It was not just what the student's needed to see and hear, but the teachers as well. The video presentation was not only captivating and interesting, but highly informative and very well done. It was spectacular!"

-Ron Goodrich, TLC/Shop Educator

"It was unbelievable! **There was an extremely high interest in the assembly.** I didn't realize how many snowboarders we had in our school. The assembly was so good for our students. The timing for the assembly was just right--right before winter break in December. It was just awesome!"

-Gary Allen, Principal

DONATE TO KBYG

The Know Before You Go Program is funded by donations and offered for free throughout the State of Colorado. Please help us continue this program by donating today.

<http://www.friendsofcaic.org/>